



2026 NASTA NATIONALS



July 24th-25th, 2026

Hosted by Master Jacqueline Campos



Thursday, July 23rd - Early Check-in 5:30-7:30pm

Friday, July 24th - Doors open at 8:00am; Coaches & Officials Meeting at 9:00am, Opening Ceremonies at 9:15am, Competition starts at 9:30am

Saturday, July 25th - Doors open at 8:30am; Competition starts at 9:30am



Southwest High School

11960 Dragon Ln, San Antonio, TX 78252



How To Register

See Competitor Application for registration fees, etc.



Spectator Fees (cash or check only)

	<u>One Day Pass:</u>	<u>Two Day Pass:</u>
11 years old +	\$10	\$20
5-10 years old	\$5	\$10
Under 5 years old	Free	Free

**Call/text 210-289-1503 or email nastaonline@yahoo.com for questions and to register.

2026 NASTA National Championship Tournament

July 24-25, 2026

SCHEDULE OF EVENTS

Schedule:

Thursday, 7/23/2026

5:30pm-7:30pm – Competitor/Coach Early check-in (at Southwest High School)

Friday, 7/24/2026

8:00am – Doors open; Competitor/Coach check-in

9:00am – Coaches/Officials meeting in Staging area

9:15am – Opening Ceremonies; Competition begins at 9:30am (Forms, Weapons, Point Sparring, Continuous Point Sparring)

9:30am – all **Forms** competitors report to Staging

10:30am – all **Weapons** competitors report to Staging with weapon

11:15am – all **Point Sparring** competitors report to Staging with gear

12:30pm – all **Continuous Point Sparring** competitors report to Staging with gear

Saturday, 7/25/2026

8:30am – Doors open; Competitor/Coach check-in

9:30am – Competition begins (Sword Fighting, Breaking, Olympic Sparring)

9:30am – all **Sword Fighting** competitors report to Staging

10:15am – all **Breaking** competitors report to Staging with tickets showing boards purchased at check-in

11:30am – all **Olympic Sparring** competitors report to Staging with gear

2026 NASTA National Championship Tournament

July 24-25, 2026

GENERAL RULES

Uniforms/Gear:

ALL EVENTS – All competitors must be in full white dobok/uniform, including belt, for all events.

POINT SPARRING:

Required Gear – Headgear, Handgear, Footgear (must cover entire foot & toes),

Mouth Guard, Athletic Cup (all male competitors)

Optional Gear – Shin Pads, Rib Guard

OLYMPIC SPARRING:

Required Gear – Headgear, Chest Protector, Forearm Pads, Shin/Instep Pads,

Mouth Guard, Athletic Cup (all male competitors)

Scoring:

POINT SPARRING:

1. Kicks to the headgear area (excluding the face) award 2 points.
2. Kicks to the body award (excluding the back) award 1 point.
3. Hand techniques to the head or body award 1 point.

OLYMPIC SPARRING:

1. Kicks to valid head scoring zones award 2 points.
2. Kicks and punches to the body award 1 point.
3. Turning techniques to the head or body award 3 points.

Board Breaking Demonstration Guidelines:

- a. Competitors may have three stations with a maximum of two boards per station.
- b. Competitors are given ninety seconds to set up their stations. *It is highly recommended that the competitors have this planned prior to the event to ensure that they do not run out of time.*
- c. A single technique is executed per station.
- d. Three attempts are allowed at each station.
- e. The station is complete the moment a board is broken, regardless of the number of boards.

****NOTE: Boards *must* be purchased from NASTA - \$3.00 per board. Please bring exact cash to purchase at check-in and you will receive a ticket to present in Staging to receive your boards.****

2026 NASTA Nationals Hotels

Staybridge Suites San Antonio Lackland AFB Area, an IHG Hotel

210-987-2121 230 Richland Hills Dr, San Antonio, TX 78245

"NASTA"

Double Queen rooms

Nightly Rate:

- starting at \$154+ tax per room (*click link below to book*)

Complimentary Wi-Fi Complimentary Parking Outdoor Pool

Approximately 12 miles from Southwest High School

<https://groups.bookonline.com/EventPage8473510>

Quality Inn near Seaworld-Lackland

210-571-7629 323 SW Loop 410, San Antonio, TX 78245

"NASTA 2026" Call or click link below to book.

7/23/2026 – 7/26/2026

Double Queen / Triple Queen rooms

Nightly Rate: (2 options for you, please choose one)

- \$109.99 + tax per night for a Double Queen room
- \$129.99 + tax per night for a Triple Queen room

Complimentary Breakfast Complimentary Wi-Fi Complimentary Parking

Outdoor pool Approximately 12 miles from Southwest High School

<http://www.choicehotels.com/ires/en-US/html/ArrivalInfo?hotel=TX745&srp=LWVND0&pu=no>

Hampton Inn & Suites San Antonio Lackland AFB SeaWorld

210-376-7044 1719 Cable Ranch Road San Antonio, Texas 78245

7/23/2026 – 7/26/2026

Nightly Rate:

- starting at \$155+ tax per room (*click link below for most recent rates & to book*)

<https://www.hilton.com/en/hotels/satlphx-hampton-suites-san-antonio-lackland-afb-seaworld/>

***There are also other hotels in the area.**

2026 NASTA National Championship - COMPETITOR APPLICATION

July 24-25, 2026 – Southwest High School, 11960 Dragon Ln, San Antonio, TX 78252

Registration/Payment must be received by: June 5th \$70 for 1 event / \$5 for each add'l

July 2nd \$75 for 1 event / \$10 for each add'l

July 17th \$80 for 1 event / \$15 for each add'l

NO REGISTRATION AT THE DOOR WITHOUT PRIOR APPROVAL FROM MASTER CAMPOS

All applications & payments must be received ON or BEFORE July 17, 2026.

Make checks payable to: Jacqueline Campos (mailing address: 28550 IH-10 W Unit 3, Boerne, TX 78006)

*Only Certified Checks and Money Orders will be accepted via mail; call or email nastaonline@yahoo.com for possible payment options.

Athlete Information:

First Name: _____ Last Name: _____

Address, City, State, Zip: _____

Phone: _____ Email: _____

Date of Birth: _____ Age: _____ Weight: _____ Height: _____ Gender: M/F

Emergency Contact – NAME: _____ PHONE: _____

Taekwondo School Name: _____

Address, City, State, Zip: _____

Phone/Email: _____

Instructor: _____

PLEASE CHECK YOUR CURRENT RANK (BELT COLOR):

NOVICE:	WHITE ____	YELLOW ____	ORANGE ____	
INTERMEDIATE:	GREEN ____	BLUE ____	PURPLE ____	
ADVANCED:	BROWN ____	RED ____		
BLACK BELT:	1 st ____	2 nd ____	3 rd ____	4 th & up ____

PLEASE CHECK YOUR EVENT(S): See Registration & Payment Fees above. Total Due \$_____.

OLYMPIC SPARRING: _____ POINT SPARRING: _____ FORMS: _____

CONTINUOUS POINT: _____ WEAPONS: _____ SWORD FIGHTING: _____

BREAKING: _____

****NOTE: Boards *must* be purchased from NASTA - \$3.00 per board. Please bring exact cash to purchase at check-in and you will receive a ticket to present in Staging to receive your boards.****

*****Please complete & sign the release page.*****

2026 NASTA National Championship

ATHLETE WAIVER AND RELEASE OF LIABILITY

("Agreement")

IN CONSIDERATION of being permitted to participate in any activity, event, training, competition, or program conducted by North American Sport Taekwondo Association, Inc. ("NASTA, Inc.") and/or South Texas Elite Taekwondo ("STET") (collectively, the "Activity"), I, for myself and for my personal representatives, assigns, heirs, and next of kin, hereby agree as follows:

1. Acknowledgment of Physical Condition

I acknowledge, agree, and represent that:

- I understand the nature of the Activity;
 - I am qualified, in good health, and in proper physical condition to participate in the Activity;
 - I have no medical condition that would prevent my safe participation; and
 - If at any time I believe conditions are unsafe, I will immediately discontinue participation.
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2. Assumption of Risk

I fully understand and acknowledge that:

(a) Athletic activities involve inherent risks and dangers of serious bodily injury, including permanent disability, paralysis, and death ("Risks");

(b) These Risks may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition of the premises or facilities, equipment, travel to and from the Activity, or the negligence of the Releasees (defined below);

(c) There may be other risks and social or economic losses not known to me or not readily foreseeable at this time.

I knowingly and voluntarily fully accept and assume all such Risks and all responsibility for any losses, costs, damages, or injuries I incur as a result of my participation in the Activity.

3. Release and Waiver of Liability

I hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE:

- North American Sport Taekwondo Association, Inc. (NASTA, Inc.);
- South Texas Elite Taekwondo (STET);
- Their respective officers, directors, members, managers, employees, agents, coaches, instructors, officials, administrators, volunteers, participants, sponsors, advertisers;
- Affiliated organizations, districts, clubs, and subsidiaries;

- Owners and lessors of premises where the Activity takes place;

(collectively, the “Releasees”)

FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES arising out of or related to my participation in the Activity, WHETHER CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, including but not limited to negligent rescue operations, negligent security, travel-related activities, or recreational operations.

4. Indemnification

I further agree that if, despite this Agreement, I or anyone on my behalf makes a claim against any of the Releasees, I will indemnify, defend, and hold harmless each of the Releasees from any litigation expenses, attorney’s fees, loss, liability, damage, or cost incurred as a result of such claim.

5. Severability

I agree that this Agreement is intended to be as broad and inclusive as permitted by the laws of the applicable state, and that if any portion is held invalid, the remaining provisions shall continue in full force and effect.

6. Acknowledgment of Understanding

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant Name (Print): _____

Participant Signature (if age 18 or older): _____

Date: _____

MINOR PARTICIPANT RELEASE

If the participant is under 18 years of age:

I, the parent and/or legal guardian of the above-named minor, acknowledge that:

- I understand the nature of the Activity and the risks involved;
- I believe the minor is qualified, in good health, and physically able to participate.

On behalf of the minor and myself, I:

- RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE the Releasees from all liability, claims, demands, losses, or damages arising out of the minor’s participation in the Activity, including claims arising from the negligence of the Releasees;
- AGREE TO INDEMNIFY, DEFEND, AND HOLD HARMLESS the Releasees from any claims brought by or on behalf of the minor.

I understand that I am giving up substantial rights on behalf of the minor and sign this Agreement freely and voluntarily.

Printed Name of Parent/Legal Guardian: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Parent/Legal Guardian Signature: _____

Date: _____

2026 NASTA National Championships

OFFICIALS & COACHES PASS APPLICATION

PLEASE PRINT CLEARLY

LAST NAME: _____ FIRST NAME: _____ M. I. _____

ADDRESS: _____

PHONE: _____ E-MAIL: _____

DATE OF BIRTH ____/____/____ AGE: _____

CURRENT RANK: BELT COLOR: _____ DAN: _____

NASTA STATE NAME: _____

CERTIFICATION CLASS if any (circle one) AA A B C D E

Martial Arts School Affiliation:

Chief Instructor: _____ School Name: _____

School Address: _____ Phone: _____

Website: _____ E-Mail: _____

I WILL: OFFICIATE ____ COACH ____ (Coaches Pass - \$20)

Any coach bringing 10 athletes or more will receive a FREE Coaches Pass.

Coaches Shirts available: SM MED LG XL XXL XXXL OTHER ____ **Cost \$25.00**

(circle desired size)

TOTAL DUE: \$ _____

Please preorder & pay for your shirts as there is no guarantee that we will have all sizes available at the event

Make checks payable to: Jacqueline Campos-28550 IH-10 W Unit 3, Boerne, TX 78006

I Understand I must be properly attired according to NASTA rules:

Coaches-NASTA Coaches Shirt, Dobok or warm-Up Pants & Sneakers

Officials-Black Blazer, (or Black NASTA Official's Polo Shirt), White Shirt, Black Pants, Black Tie, Dark Socks,

White or Black Sneakers.

Signature: _____ Date: _____